Dear [Name],

I am writing to express my appreciation for your kind words and encouragement. I have always admired your work and your commitment to helping others, so it is truly inspiring to receive such a thoughtful message.

I have been reflecting on my own journey and how far I have come since my first step. The process of recovery is not easy, but with support and determination, it is possible to make remarkable progress.

Your message has reminded me of the importance of staying connected with others who understand the challenges of recovery. I am grateful for the support and encouragement I have received from you and others like you.

Thank you again for your kindness and for being a beacon of hope and inspiration. May your journey continue to be filled with moments of growth and joy.

Sincerely,

[Your Name]
Sponsors: This is (name). He is coming to you in all humility to ask you to please and direct
safety. At this point, he is going to get down on your knees. In the corner, the sponsor says:
our lives were unmanageable, and in step 2, he could restore us to a manageable state and
own manageable noun, as I am unproductive. So we turn our wills and lives over to the care of our
own manageable noun. So we turn our wills and lives over to the care of our
own manageable noun. So we turn our wills and lives over to the care of our
own manageable noun. So we turn our wills and lives over to the care of our

STEP THREE: We made the decision that we needed to come under new management since our

restoration. We needed now to have a new manager. A living, loving God.

same thing when we have to take...

can't manage our lives and we are taking in a manner that is not very same (unmanageability)

1. STEP ONE: WHO'S the boss - them or the alcohol? (the above multiplication should pretty much

2. STEP TWO: Come To Believe that a power GREATER than ourselves, something other than us

3. STEP THREE: The laying steps, construction and maintenance

4. Steps 8 and 9: RESTITUTION

5. Steps 4, 5, 6 and 7: CONFESSION

6. Step 2 and 3: SUBMISSION

7. STEP ONE: ADMISSION

If you feel that they are ready, then you start. There are five phases to the steps:

and influencing people.

live and be happy. The program and your own recovery are not dependent upon winning friends

To spend too much time on any one situation is to deny some other alcoholic an opportunity to

If you feel that they are not ready, tell them so and go on to the next person. (Page 46) Big Book:

If you get the answers: (1) Yes, (2) No, (3) Anything, and you feel that the person is ready to

(1) What are you willing to do about it?

(2) Do you think you have a drinking problem?

(3) Do you want to do anything about the problem?

ask your prospective galleon questions:

WILL: We take every necessary step, submit to anything to get well, to stop drinking forever.

and ready to go to any lengths to change their lives and not drink forever. (Page 46) Big Book:

the part, find our they really are alcoholic and just as important, I feel that they will.

Before beginning the steps, the sponsor must first qualify the person who has requested to follow

(Do continued)

first few years after the Big Book came out he had more success with drinks than BILL W. and DR.

By Clarence Snyder

Going Through The Steps
The first step you did by saying...

...did in your past. You TRUST. How can you ask to get rid of the defects which caused you to act in defects caused your life to be unmanageable. How can you ask God to get rid of the THINGS you now have won in fighting these defects? "Don't you want to get rid of them?" These are among:

- 20 Greed
- 19 Gluttony, Loose Talk, Gossip
- 18 Procrastination, Inattention
- 17 Imagination, Thinking
- 16 Negative Thinking
- 15 Insecurity
- 14 Perfectionism
- 13 Laziness
- 12 Envy
- 11 Jealousy
- 10 False pride, Preoccupation, Denial
- 9 Hating
- 8 Insecurity
- 7 Lying, Betrayal, Dishonesty
- 6 Self-control, Self-control
- 5 Self-control, Self-control
- 4 Self-control, Self-control
- 3 Self-control, Self-control
- 2 Fear, Cowardice
- 1 Resentment, Anger

The inventory is our defects, not our incidents. Here are the defects:

The person who asks, "Do you think I could ever do this?" Then, if he asks, "Do you think I could ever do this?" Then, he is asking the question, "Do you think I could ever do this?" Then, he is asking the question, "Do you think I could ever do this?" Then, he is asking the question, "Do you think I could ever do this?"

STEP TWO: Take a searching and fearless moral inventory. We must find out what we've got.

Then we have to take an inventory.

C: GOD COULD AND WOULD IF HE WERE SOUGHT!
B: No human power could relieve our condition.
A: We were alcoholics and could not manage our own lives.

Now that we have gone under new management, we believe what it says in the Big Book at the

This in prayer, I shall receive what I have asked for. I thank You Jesus, amen.
God will help others to recover as you have. May God bless and be with you.

Don't blame the Happy Road to Recovery, with your head high, knowing that through you, you can and do recover. You don't have to stay sick.

There is no better, softer way - this is the PROGRAM OF RECOVERY as it was in the 12 Steps. There is no message to convey to others; there is no message unless you Of the 12 Steps, there is no information to convey to others; there is no message unless you are there. Reading the whole Bible book to know the word of God so that you will understand it.

When you meditate, they will not mine, be done.

Read the Bible, read the Bible. Get to know the word of God so that you will understand it.

STOP ELEVER: Prayer is calling to God - meditation is listening to Him. Pray, go to church.

Your motives and all things must be based on these things.

ABSOULUTE PRINCY. Did you set out to love? Were your truths? Were your without passion?

ABSOULUTE LOVE. ABSOULUTE HONESTY. UNSELFISHNESS, and honesty. You have one little thing to do. Deal with your life by the four absolutes:

Where you don't use the hierarchy at all, there is no hierarchy. Where you are wrong, promptly admit it.

When you meditate, they will not mine, be done.

What are you thinking? Do you deserve a God's once or a block marker? You are God's forgiven.

STOP ELEVEN: We continued to take personal inventory every night. Did you harm anyone? Have you made a list of all persons you have harmed, starting with yourself, family?

Before all things are made new!

17: Since the sponsor is boss - you really don't ask: It is assumed. The restoration is complete. The sponsor asks: Do you know what? Are you willing to make restitution and make a list of all persons you have harmed, starting with yourself, family?

STOP ELEVEN: We continued to take personal inventory every night. Did you harm anyone? Have you made a list of all persons you have harmed, starting with yourself, family?

LATER, the son and the Holy Spirit, "Thank you Jesus. Amen." Don't blame the Happy Road to Recovery, with your head high, knowing that through you, you can and do recover. You don't have to stay sick.

You are ready to get rid of ALL of them, even the ones that are fun. Remember you aren't in recovery.